

# Cathlene Miner

Cathlene Miner is the author of The 30 Day Self Perception Makeover and The 30 Day Self Perception Makeover Teen Edition.

As a leadership coach and mentoring expert, Cathlene teaches and guides women and girls that what they think and feel about themselves is the base of everything in their lives. Cathlene teaches simple techniques that can be consistently utilized throughout life to live happily and fully.

Cathlene is the Founder and President of the Non-Profit, Hopefull Handbags, Inc. raising Hope for US and international survivors of Domestic Violence and all women getting back on their feet again.

Cathlene has appeared in many national magazines as well as news outlets and speaks globally on Self Perception and Domestic Violence.

Cathlene resides in Florida and is a wife, mother of 4, grandmother to 2, and loves her life as an entrepreneur, philanthropist, and homeschool mom. She is a self-professed half glass full kinda girl and loves anything that brings joy and laughter.

For more information please visit [CathleneMiner.com](http://CathleneMiner.com)

[HopefullHandbags.org](http://HopefullHandbags.org)